

# 1,000,000

LONG ISLANDERS SERVED

“...to support and empower  
Long Islanders at  
critical times in their lives.”

**ANY PROBLEM.**

**ANY TIME.**

**ANY ONE.**

CELEBRATING

# 45

YEARS  
1971 - 2016

# +45

LIFESAVING  
CIRCLE OF FRIENDS



Long Island  
**Crisis Center**

It's OK to ask for help

2016 ANNUAL REPORT

# LICC MISSION

LONG ISLAND CRISIS CENTER PROVIDES 24/7 FREE, HIGH QUALITY, CONFIDENTIAL AND NON-JUDGMENTAL PROGRAMS AND SERVICES TO SUPPORT AND EMPOWER LONG ISLANDERS AT CRITICAL TIMES IN THEIR LIVES.

FOUNDED IN 1971 AS A SUICIDE PREVENTION AND CRISIS INTERVENTION AGENCY, THE CRISIS CENTER HAS A LONG HISTORY OF BEING ON THE CUTTING EDGE OF ISSUES THAT CHALLENGE THE WELL-BEING AND MENTAL HEALTH OF OUR COMMUNITY. NEW PROGRAMS AND INITIATIVES ARE CREATED TO PROVIDE SUPPORT, COUNSELING, RESOURCES AND REFERRALS AND RAISE PUBLIC AWARENESS OF UNDERSERVED, AT-RISK AND/OR DISENFRANCHISED POPULATIONS ON LONG ISLAND.

# SERVICES+PROGRAMS

## 24/7 SUICIDE PREVENTION + CRISIS INTERVENTION HOTLINES

- Middle Earth Hotline
- 24/7 Runaway Hotline
- [www.ChatLIVE.li](http://www.ChatLIVE.li)
- 1-800-Suicide
- 1-800-273-TALK
- Mobile Crisis Unit Hotline
- Long Island Railroad Suicide Hotline
- Children of Hope Hotline
- Huntington Hotline
- Senior Connection Helpline

### Suicide Outreach Program

### Saving Our Long Island Veterans Initiative

### Young Latinas: Girls at Risk Initiative

### Town of Hempstead Senior Connection Program

### Family & Friends Healing Together – A Support Group & Safe Space

## PRIDE FOR YOUTH

A division of Long Island Crisis Center, Pride for Youth provides programs and services for lesbian, gay, bisexual, transgender and questioning/queer (LGBTQ) youth and young adults:

- Friday Night Drop-In Center (the “Coffeehouse”)
- Individual/Family Counseling
- Young Adult, Transgender, Parents, and HIV Positive Support Groups
- Mpowerment of Long Island
- HIV Prevention, counseling, testing and referrals for services
- Youth Leadership

# BOARD OF DIRECTORS

## PRESIDENT

Lisa A. Veglia, LCSW, MPA

## VICE PRESIDENT

Rick Allen Wilson

## TREASURER

Norman Kay

## SECRETARY

Linda D. Zwiren, EdD

## BOARD MEMBERS

Frank Abdale

Danielle Barretta

Michael J. Finland, Esq.

Robert Flower

Carmela Murphy, LMSW

Hernán Poza III, LMSW

Linda Leonard, MS

Executive Director

## THE NICOLE SCHIFFMAN FOUNDATION + CAROL KESTENBAUM FOUNDATION

## BUILDING HEALTHY LIVES THROUGH EDUCATION PROGRAM

On-site workshops for students and staff in middle schools, high schools, colleges and community agencies, conferences and events:

- Suicide Prevention
- Anger Management
- Cyber Bullying Awareness
- Understanding Self-Injury
- Understanding Homophobia
- Understanding Transphobia
- Professional Staff Trainings

# 2016

## DEAR FRIENDS,

2016 marks 45 years of service to the Long Island community—made possible by your generosity, your philanthropy and your belief that by working together we can have a positive impact on the lives of those in crisis. We are proud to recognize our 45 Lifesaving Circle of Friends and our almost two hundred dedicated volunteers. Together, we can celebrate the support and hope that we have given to 1 million Long Islanders over these past 45 years.

This Annual Report gives us the opportunity to let you know how much we have grown to meet the ever-changing needs of our community:

- In 2016, our **hotlines and Chat LIVE Long Island** online/messaging counseling services responded to 12,349 community members;
- Our **Building Healthy Lives Through Education** program brought workshops on-site to schools and reached 21,713 students and professional staff. For the first time, Cyber Bullying Awareness was the most requested workshop—testament to our responsiveness to what is a trending need in the community;
- **Pride for Youth** delivered 7,965 client services with the Coffeehouse (on Friday evenings) seeing a dramatic increase in attendance, as LGBTQ youth sought a safe and secure environment to meet and socialize;
- **Family & Friends Healing Together**, a support group and space for those who have lost a loved one to suicide, was launched—as increasing suicide rates took its toll on many Long Island families;
- **Young Latinas: Girls at Risk Initiative** produced three bilingual brochures for teen girls, parents and school districts educating the communities about suicide prevention strategies;
- **A Wall of Remembrance** was introduced at the annual **Let's Walk, Let's Talk ...Stepping Together to Prevent Suicide Walk** to provide a space for families and friends to honor and memorialize loved ones lost to suicide.

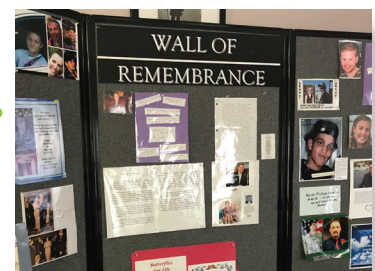
We are also proud to report that our 2016 Financial Audit shows that 88 cents of every dollar donated goes towards services and programs.

As we look towards the future, we know there is still more to be done. We also know that with your continued support together we can make a difference.

Thank you for being our partner in this very important mission – saving lives.

**Lisa Veglia**  
President, Board of Directors

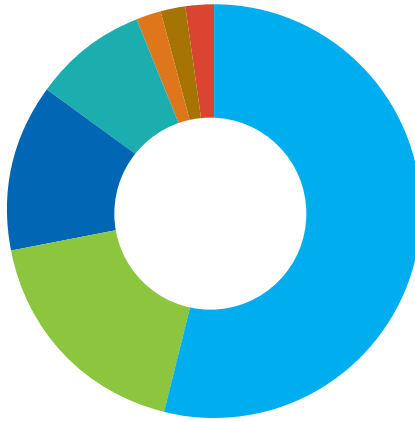
**Linda Leonard**  
Executive Director



“This place saved my life!  
Thank goodness someone  
answered the phone.”

## HOTLINES

Middle Earth/Runaway: 54%  
1-800-SUICIDE: 18%  
227TALK/MCU: 13%  
Chat LIVE: 9%  
Huntington Hotline: 2%  
Children of Hope: 2%  
Senior Connection: 2%



**12,349** TOTAL HOTLINE/  
CHAT LIVE CALLS IN 2016

“You are a  
lifesaver!”

A husband and wife called with concerns about their 15 year-old son who was spiraling out of control. He was abusing alcohol and marijuana. The Counselor responded with immediate assistance by contacting the Mobile Crisis Unit for their son and gave referrals to the parents to help them cope.

A 33 year-old male called and said that he heard the devil’s voice telling him to kill himself by jumping in front of a LIRR train. The Counselor gained the client’s trust and offered to call 911 on his behalf. The client agreed. A few minutes later, the police arrived and informed the Counselor that they had found the client and would get him help.

**45** YEARS **1**

## COMMUNITY

Suicide Prevention: 26%  
Cyber Bullying: 27%  
Anger Management: 12%  
Understanding Self-Injury: 11%  
Understanding Homophobia: 10%  
Understanding Transphobia: 7%  
Professional Trainings: 7%

**21,713** TOTAL COMMUNITY  
EDUCATION ATTENDEES IN 2016

A 17 year-old female approached the Community Educator after a Self-Injury Awareness workshop and told her that she stopped self-injuring a year ago after cutting for three years. The girl began to cry and said that she had been OK until the past week when she had been thinking about self-injuring again. Her parents were pressuring her to decide on a college and putting a lot of stress on her to do well because she is the oldest and the “example for everyone.” She said, “What really helped was that I called LICC when I felt the need to cut and the Counselors always helped me find something else to do.”

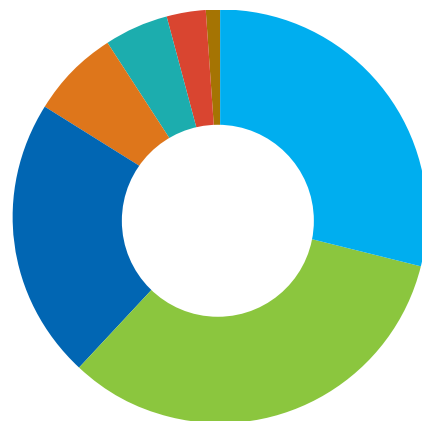
**7,000,000 LIVES + YOU MAKE IT POSSIBLE.**

## EDUCATION



## PRIDE FOR YOUTH

Coffeehouse: 29%  
 HIV Prevention: 3%  
 Individual/Family Counseling: 5%  
 Support Groups: 33%  
 School Outreach: 22%  
 HIV Counseling/Testing: 1%  
 Youth Leadership: 7%



**7,965** TOTAL PFY CLIENTS  
 SEEN IN 2016

“Thank you so much – for saving people’s lives every day.”

A Pride for Youth Social Worker worked with a 13 year-old transgender male client. He was able to provide individual counseling and outside resources that allowed this client, working with the parents, to achieve a legal name change and link them to transgender-affirming medical care.

A client had stated that she was a survivor of a sexual assault two years ago. Pride for Youth was able to get the client to appropriate resources and maintain a relationship with the client to help her move forward and assist her as she went to court.



“I know I could always count on LICC, You are true heroes!”

Through his counseling and involvement in the HIV+ support group, a client identifies Pride for Youth as the one place he can be his true self and access much needed support.



**WE PAY TRIBUTE TO OUR  
LIFESAVING CIRCLE OF FRIENDS  
WHO HAVE HELPED BUILD  
THE FOUNDATION OF  
LONG ISLAND CRISIS CENTER**

Accounts Retrievable  
System

Adelphi University

All Crisis Center  
Volunteers –  
Past & Present

Jamie Patrice Alpern,  
Esq.

Honorable  
Edward A. Ambrosino

American Association  
of Suicidology

Bellmore  
Presbyterian Church

Nicole Benincasa

Marc S. Cohn

Patricia Kelly Collins

Maureen Coyle

Irene & John Dawson

Ike Molly & Steven Elias  
Foundation

Kerry Ennis

Reid Fishler

Honorable  
Denise Ford

Victor Fusco, Esq.

Hagedorn Foundation

Herald Community  
Newspapers

Ann Irvin

Island Park  
Faculty Association

Tim Jaccard

Carol Kestenbaum  
Foundation

Kiwanis Club  
of the Bellmores

Koeppel Martone &  
Leistman, L.L.P.

Long Island Community  
Foundation

Michael Mantell

Mitchell Garber, Esq.

Nassau County  
Bar Foundation –  
WE CARE Fund

Nassau County  
Department of  
Human Services

Northwell Health

New York State  
Department of Health –  
AIDS Institute

P.S. I Love You Day

Reverend  
Thomas Philipp

Alexis Pilkington  
Foundation

Planned Parenthood  
of Nassau County

The Nicole Schiffman  
Foundation

Gary Shapiro,  
Nassau County  
Police Department

Slomo & Cindy Silvian  
Foundation

The Congregational  
Church of Manhasset

Tweezerman  
International

United Benefit  
Pensions, Inc.

United Way  
of Long Island

Robert Weick

Alex Weiss

# FINANCIALS

## STATEMENT OF ACTIVITIES 2016

### REVENUE:

|  |                     |
|--|---------------------|
| Government Grants                      | \$ 1,151,017        |
| Foundation Grants                      | 258,771             |
| Special Events, net of direct expenses | 137,880             |
| Contributions                          | 82,573              |
| Interest Income                        | <u>2,353</u>        |
| <b>TOTAL REVENUES</b>                  | <b>\$ 1,632,594</b> |

### EXPENSES:

|                            |                     |
|----------------------------|---------------------|
| Program Services           | \$ 1,430,311        |
| General and Administrative | 87,963              |
| Fundraising                | <u>102,156</u>      |
| <b>TOTAL EXPENSES</b>      | <b>\$ 1,620,430</b> |

### CHANGE IN NET ASSETS

7,899

### NET ASSETS, BEGINNING OF YEAR

821,544

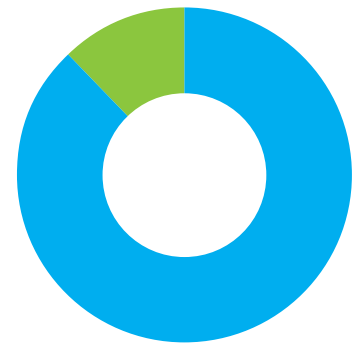
### NET ASSETS, END OF YEAR

\$ 829,443

## EXPENSES

Program Services: 88%

Administrative & Fundraising: 12%



Financial statements prepared by Nawrocki Smith LLP

Many thanks to all our donors, whose gifts large and small, make a difference in saving lives.

#### \$10,000 +

AMT Children of Hope Foundation  
Anonymous  
Carol Kestenbaum Foundation  
Janssen Pharmaceutical  
Long Island Community Foundation/Horace & Amy Hagedorn Fund  
Nicole Schiffman Foundation (The)  
Slomo & Cindy Silvan Foundation

#### \$5,000 to \$9,999

Astoria Savings Bank  
Capital One  
Central Nassau Guidance & Counseling Services, Inc.  
Manuel H. & Claire Barron Philanthropic Fund  
Marcie Mazzola Foundation  
Robert Mulligan/Mugstock 2016  
North Shore Child & Family Guidance  
Northwell Health  
Scholarship America/In Memory of Michael Benincasa  
United Way of Long Island

#### \$2,500 to \$4,999

Anonymous  
Martin Elias/Ike Molly & Steven Elias Foundation  
Fidelity Investments  
Herahap Corp.  
Hofstra University  
Kiwans Massapequa  
Michael Mantell/Mikey Runs  
Nassau County Bar Association WE CARE Fund  
National Suicide Prevention Lifeline  
New York Community Bancorp/Roslyn Savings Bank  
Lee Steinberg  
Stonewall Community Foundation  
Tweezerman International LLC  
United Benefit Pensions  
Lisa Veglia  
Vishnick McGovern Milizio LLP

#### \$1,000 to \$2,499

Frank Abdale  
Accounts Retrieval System  
Jamie Patrice Alpern, Esq.  
American Friends of Meir Panim

Danielle Barretta  
Charles Caputo III  
Congregational Church of Manhasset (The)  
Marilyn Feinstein  
Michael Finland, Esq.  
Michael Goldman  
IGBO 2016  
Gregory Longworth & Associates  
Hunter College  
Island Park Faculty Association  
Norman Kay  
Kiwans of the Bellmores, Inc.  
Kohl's  
Long Island Association for AIDS Care  
Long Island Community Foundation/Michael & Christine Arouse Family Foundation  
NYBDC Foundation  
P.S. I Love You Day, Inc.  
John & Dorothy Talotta  
Robert Weick  
West Islip UFSD  
Rick Allen Wilson  
David Young

Linda Zwiren  
**\$500 to \$999**  
Adelphi University  
Debbie Caputo  
CARES Prevention  
Clear Bridge LLC  
Karen Davis  
Eileen Fisher (Apparel)  
Federation of Jewish Communities  
Fidelity Charitable/Wendy Farkas Foundation  
Reid Fischler  
Robert Flower  
Hon. Denise Ford  
Franklin Family Chiro & Wellness  
Fusco, Brandenstein & Rada PC  
Lorrie & Richard Gurewitz  
Diane Kasselmann  
Koeppel, Martone & Leister  
Betsy Lembeck  
Long Island Community Foundation/Deering & Volpicella Family Fund  
Long Island Ravens Motorcycle Club

Meir Panim  
Merrick Jewish Center  
Brent Mitchell  
Monday Night Fourplay  
Carmela Murphy  
Marcia Namowitz  
Natalie Bailey & Herbert J. Kirshner Foundation  
NYDJ Retail, LLC  
NYSUT  
Michael Oringer  
Ken Page  
Hernan Poza III  
Rashti & Rashti  
Dr. David & Rabbi Cara Rosenthal  
Sevie Samuels  
Suffolk County AME  
Robert Tobin  
Toby Walker  
Scott Wallace  
Eric Weiselberg, M.D.

Long Island Crisis Center is an affiliate member of



**Long Island Crisis Center Receives Funding From:** Nassau County Office of Youth Services, Nassau County Office of Mental Health, Chemical Dependency and Developmental Disabilities Services, New York State Department of Health AIDS Institute, Town of Huntington

# THE + SOUL OF LICC

Many thanks to Long Island Crisis Center's Volunteers who make a difference in the lives of Long Islanders—24 hours a day/7 days a week/365 days a year. They live the mission of the Crisis Center and we are proud to recognize them.

- |                       |                         |                     |                       |                    |
|-----------------------|-------------------------|---------------------|-----------------------|--------------------|
| Fredric A. Powell     | Linda Drum              | Raymond Kenny       | Neal Monteko          | Gloria Schoenbach  |
| Korey Abbriano        | Nina Dubitsky           | Paula Kerle         | Kathleen Moore        | Carol Schoenfeld   |
| Bessan Abdallah       | Michael Duffy           | Kaitlyn Kiernan     | Donna Morales         | Rachel Schwartz    |
| Joanna Adler          | Gloria Eisenberg        | Sally Kitchell      | Karen Morales         | Sabrina Seiderman  |
| Ayesha Ahmad          | Sylvia Essman           | Alex Kozyrski       | Elizabeth Morales     | Ashley Siciliano   |
| Jessie Allendorf      | Francine Farber         | Keith Kramer        | Chris Morasse         | Tyasia Simpkins    |
| Duygu Altuntas Clarke | Kristen Ferrari         | Linda Krull         | Sean Moriarty         | Eric Smith         |
| Cherie Ambrosino      | Jan Fine                | Marc Kudushin       | Victoria Muller       | Valerie Smith      |
| Ileana Ascher         | Paul Fitzer             | Casey LaMarca       | Nyasia Munian         | Kayleigh Spector   |
| Sarvin Azizgolshani   | Richard Fitzpatrick     | Laurie Lanz         | Chase Muratore        | Jared Squires      |
| Craig Berlin          | Laura Flannelly         | Richard Lap         | Sharon Nanos          | Kelly Stanley      |
| Nancy Bob             | Deanna Fontaine         | Bryan Lassman       | Tina L. Nelkin        | Lois Stein         |
| Ronald Boettcher      | Laura Francis           | Steve Lassman       | Michael Nettis        | Patricia Stewart   |
| Frances Boiko         | Erin Frank              | Helene Leitner      | Paula Nightingale     | Nicole Stroke      |
| Dorothy Borgese       | Tova Friedman           | Judy Levine         | Thomas Onorato        | Francine Sullivan  |
| Hillary Call          | Vince Fusco-Rossi       | Loren Link          | Gail Orlick           | Jessica Tavarez    |
| Debbie Caputo         | Michelle Girardin-Klatz | Kristie Lomangino   | Katherine Orobona     | Joan Teller        |
| Ruth Cardace          | Shiran Glass            | Maria Lombardo      | Eddie Patterson       | Kimberly Tierney   |
| Anders Chan           | Carol Goldberg          | Annie Lovisolo      | Tracey Peck           | Cindy Trieu        |
| Bunny Chapman         | Debbie Grattan          | Stefanie Maffea     | Kathy Phillips        | Lea VanderDrift    |
| Kalvin Chin           | Sherry Greenberg        | Mary Malone         | Stephanie Pierre      | Christine Visconti |
| Jean Clark            | Kristianne Haran        | Dylan Maloney       | Suzanne Pilkington    | Dana Viscosi       |
| Sandra Cocchi         | Maureen Haverlin        | Samantha Mansbart   | Beena Pirzada         | Rachel Vitale      |
| Howard Cohen          | Elizabeth Henrichs      | Dolores Marchand    | Bernice Polinsky      | Brianna Weinstein  |
| Jennifer Connell      | Maxine Hirschler        | Jenny Marcotrigiano | Carol Pollock         | Jesse Weinstock    |
| Terence Coyle         | Jennifer Hoerbelt       | Irwin Mast          | Christianna Ramnarine | Carol Weisse       |
| Leneau Crawford, Jr.  | Karen Holm              | Andrea Mastrocco    | Tyler Robinson        | Barbara Weissman   |
| Annette Daiell        | Elsa Ilibassi           | Tom Matuza          | Patricia Rozea        | Renee Wilson       |
| Karen D'Altorio       | Dawn Insanalli          | Laura Mauceri       | Ken Rubel             | Phillip Wisocki    |
| Frank D'Aulisa        | Judith Jacobowitz       | Laurel McBride      | Luisa Rueda           | Henry Wysocki      |
| Marc Davis            | Nancy Jamie             | Ashley McCusker     | Thomas Samothrakis    | Sereena Yaqoob     |
| Ellen DeHart          | Kaitlyn Jockers         | Keri McDonough      | Bianca San Andres     | May Yuan           |
| Deidre Delay          | Amethyst Johnson        | Maritza Mejia       | Valerie Savell        | Rachel Zerah       |
| Isio Della Igbodudu   | Bob Karcher             | John Merone         | Mindy Scanlan         |                    |
| Maureen Dominguez     | Christina Keller        | Gail Miller         | Gina Scarchilli       |                    |
| Jennifer Donnelly     | Kim Keller              | Nick Montalbano     | Dana Schachter        |                    |

Please note: Some volunteers have opted to remain anonymous. We thank them for their dedication and commitment. List as of 7/31/2017.



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Bellmore, NY 11710  
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longislandcrisiscenter.org



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prideforyouth.org

**Hotline** (516) 679-1111    **Online Counseling** [www.licconline.org](http://www.licconline.org)